



Pro Debut Participant Information Sheet

This form may ONLY be completed by a licensed Professional Trainer per Business and Professions Code Section 18653: No person shall train a professional boxer or kickboxer or martial arts athlete unless he or she has been licensed by the commission. A professional trainer is someone who is responsible for the day-to-day training of those athletes and possesses a minimum of five years experience in combative sports. Only licensed professional trainers may make a recommendation to the commission on whether a contestant is prepared for his or her first amateur bout or to turn professional.

Participant: _____ Age: _____ Height: _____ Male or Female: _____

Has the participant trained with the trainer completing this form from the beginning of training? **Yes No**
 If **NO**, with whom else did the participant train with and what is their contact information?

Weight as an amateur: _____ Weight at start of training: _____ Weight today: _____
 Weight for the proposed bout: _____ Date of bout: _____ Length of training: _____

Describe what type of training the participant underwent in preparation for this bout: **Be detailed in your description.**
 Please use back of page if necessary.

Cardiovascular (explain): _____

Bag work (explain): _____

Sparring (explain- include number of rounds and duration of rounds, who sparred with and when was the last sparring session): _____

Other: _____

Did the participant suffer any injury (in or out of the gym) during training? **Yes No**
 If **YES**, please explain in detail. (Use back of page if necessary): _____

Please provide a copy of the passbook or record book.

<u>Amateur Boxing Record</u>	<u>Amateur Martial Arts Record</u>
Wins: _____ Wins by KO/TKO: _____ Losses: _____ Losses by KO/TKO: _____	<div style="text-align: center;"> Kickboxing Mixed Martial Arts </div> Wins: _____ Wins by KO/TKO/Submissions: _____ Losses: _____ Losses by KO/TKO/Submissions: _____

