

Alpine County Mental Health Board

November 21, 2019

Meeting Minutes

Firehouse Wellness Center

96 Washoe Blvd.
Markleeville, CA
96120



MEMBERS PRESENT

Jessica Bennett
Jane Sweeney

MEMBERS ABSENT

Rita Lovell
Katherine Rakow

ROLL CALL:

Jema Kimmel, MHB Member

Via Teleconferencing location at:

County Services Building

367 Creekside Drive, Bear Valley Ca 95223

Call in number (712) 775-7031

Access Code: 874-825

Other Attendees:

Gail St. James, BHS Director
Nani Ellis, BHS Coordinator
Ron Hames, BOS

1. Call to order regular meeting:

The meeting was called to order at 12:10 p.m.

2. Oral Communication - General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda.

Community member requested for there to be a Food Bank for Bear Valley. She was directed to contact HHS Admin Assistant, Sharon King

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 Request approval of regular meeting minutes of 9/26/2019.

TABLED TO THE NEXT SCHEDULED MEETING. NO MOTION CARRIED

4. New Business:

4.1 Discussion and possible action to revise the Mental Health Advisory Board By-Laws adopted 12/20/2016.

- BOS Hames inquired about Article II 6 – see attached Exhibit 4.1 (a)
- BHS Director St. James clarified that the MHB membership are within the current MHB By-Laws
- **ACTION DEFFERED TO THE NEXT MEETING ON JANUARY 23, 2020**

4.2 Discussion on the EQRO (External Quality Review Organization) Audit – Nani Ellis

- **DEFERRED UNTIL BHS COORDINATOR HAS RECEIVED THE DRAFT REPORT**

5. Unfinished Business

5.1 Discussion and possible action for the recruitment of new MHB members and transportation options.

- Member Sweeney to announce at the BOS meeting to encourage prospective recruitment and will look into advertising the vacancy.
- BHS Director tabled the action on the transportation, needing further research

5.2 Discussion and possible action on the annual dues for the California Association of Local Behavioral Health Boards and Commissions (CALBHBC). Invoice has arrived

- **NO ACTION TAKEN – DEFERRED TO THE NEXT MEETING**

5.3 Discussion and possible action on Mental Health Board Member's Annual Goals compilation and execution

- Discussion on the lack of a quorum issue
- Reporting to the BOS on the MHB Members Annual Goals is a requirement
- BOS Hames was asked by the Chair "What is it that the BOS would like to see on such report?" He responded, "We'd like to see what it is the MHB does." And "Continue to keep the BOS updated on activities and goals."

5.4 Director Report – Gail St. James, LMFT or designee.

- BHS moving into the new building on December 9th, 2019
- Telepsych moving over through Holidays

5.5 Program Improvement Plan (PIP) Review - Gail St. James, LMFT or designee.

- Currently two PIPs, soon to be four. Janet Stevens, LCSW is writing them.
- Non clinical – Cancellation and No shows, did not seem that much data has changed
- Clinical – Anti-anxiety Class for 8 weeks, \$ 100 stipend for 100 % attendance – 2 classes left

Approved as submitted on 2/27/2020

5.6 Quarterly Financial Review - Gail St. James, LMFT or designee.

- Everything will be covered on the new BHS building

5.7 Discussion on the presentation of the Mental Health Services Act (MHSA) components – Amy Broadhurst, MHSA Coordinator – designee assigned by Chair

- January Strengths MHSA -Gaps, Plan and Programs - see handout 5.7 (a)

6. Board Member Reports:

A) Jessica Bennett – Nothing to report at this time

B) Rita Lovell, Vice-Chair reported – not present

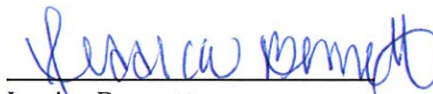
C) Katherine Rakow – not present

D) Jemma Kimmel - reported Create the Good is doing well in Bear Valley. Numbers are down a little

E) Jane Sweeney shared “Fear reduction” with Clint Melarchut with horse therapy.

7. Adjournment: 1:13 pm

The next Mental Health Board will be held on January 23rd, 2020 at the Firehouse Wellness Center, 96 Washoe Blvd., Markleeville, CA 96120.



Jessica Bennett,
Mental Health Advisory Board

