

## WELLNESS COLLECTION

Format	Title	Creator	Subject
Ebook	10 Things I Can See from Here	Carrie Mac	Romance, Young Adult Fiction, Young Adult Literature
Ebook	1366 Effective Words to Build the Right Mindset & Habits to Quit Smoking Easily... & Fast	Nicholas Mag	Nonfiction, Self-Improvement
Ebook	7-Day Quit Smoking Challenge: Ways to Quit Smoking In 7 Days		Health & Fitness, Nonfiction, Self-Improvement
Ebook	All Are Welcome	Alexandra Penfold, Suzanne Kaufman	Juvenile Fiction, Juvenile Literature, Picture Book Fiction
Audiobook	All Boys Aren't Blue: A Memoir-Manifesto (unabridged)	George M. Johnson, George M. Johnson	Biography & Autobiography, Multi-Cultural, Reference, Young Adult Nonfiction
Ebook	All Out--The No-Longer-Secret Stories of Queer Teens throughout the Ages	Sandra Mitchell	Historical Fiction, Young Adult Fiction, Young Adult Literature
Ebook	The Amazing Spider-Man (2014), Volume 1: The Parker Luck	Dan Slott, Humberto Ramos	Comic and Graphic Books, Young Adult Fiction
Ebook	Anxious for Nothing: Finding Calm in a Chaotic World	Max Lucado	Christian Nonfiction, Nonfiction, Religion & Spirituality, Self-Improvement
Ebook	Are u ok?: A Guide to Caring for Your Mental Health	Kati Morton	Nonfiction, Psychology
Audiobook	At the Center of All Beauty: Solitude and the Creative Life (unabridged)	Fenton Johnson, Sean Runnette	Biography & Autobiography, Nonfiction, Psychology
Ebook	Back of the Bus	Aaron Reynolds, Floyd Cooper	Historical Fiction, Juvenile Fiction, Juvenile Literature, Picture Book Fiction
Ebook	Banjo For Dummies: Book + Online Video and Audio Instruction	Bill Evans	Music, Nonfiction
Audiobook	Be Not Far from Me	Mindy McGinnis, Brittany Pressley	Suspense, Thriller, Young Adult Fiction, Young Adult Literature
Ebook	A Bedtime for Bear	Bonny Becker, Kady MacDonald Denton	Juvenile Fiction, Juvenile Literature, Picture Book Fiction
Ebook	Before I Let Go	Marieke Nijkamp	Young Adult Fiction, Young Adult Literature
Ebook	Before We Were Yours: A Novel	Lisa Wingate	Fiction, Historical Fiction, Literature
Ebook	The Bell Rang	James E. Ransome, James E. Ransome	Historical Fiction, Juvenile Fiction, Picture Book Fiction
Ebook	The Berenstain Bears' New Neighbors	Stan Berenstain, Jan Berenstain	Juvenile Fiction, Picture Book Fiction
Ebook	The Big Umbrella	Amy June Bates, Juniper Bates, Amy June Bates	Juvenile Fiction, Picture Book Fiction
Audiobook	The Boy Who Harnessed the Wind: Creating Currents of Electricity and Hope (unabridged)	William Kamkwamba, Bryan Mealer, Chike Johnson	Biography & Autobiography, Nonfiction
Audiobook	Buck the Habit: Quit Smoking through Mental Power and Hypnotic Relaxation (unabridged)	Ed Foreman, Ed Foreman, Ed Foreman	Nonfiction, Self-Improvement
Audiobook	Burnout: The Secret to Unlocking the Stress Cycle (unabridged)	Emily Nagoski, Amelia Nagoski, Emily Nagoski, et. al.	Nonfiction, Self-Improvement, Sociology, Women's Studies
Audiobook	Castle in the Air: Howl's Moving Castle Series, Book 2 (unabridged)	Diana Wynne Jones, Jenny Sterlin	Fantasy, Juvenile Fiction, Juvenile Literature
Ebook	Charm Love Friendship Bracelets: 35 Unique Designs with Polymer Clay, Macrame, Knotting, and Braiding * Make your own charms with polymer clay!	Sherri Haab	Crafts, Nonfiction
Ebook	Children of Blood and Bone: Legacy of Orisha Series, Book 1	Tomi Adeyemi	Fantasy, Mythology, Young Adult Fiction, Young Adult Literature
Ebook	Chocolate Me!	Taye Diggs, Shane W. Evans	African American Fiction, Juvenile Fiction, Picture Book Fiction
Ebook	The Council of Mirrors: The Sisters Grimm Series, Book 9	Michael Buckley, Peter Ferguson	Fantasy, Juvenile Fiction, Juvenile Literature, Mystery
Ebook	The Crayon Box that Talked	Shane Derolf, Michael Letzig	Juvenile Fiction, Picture Book Fiction
Ebook	The Crayon Box That Talked: Read & Listen Edition	Shane Derolf, Michael Letzig	Juvenile Fiction, Picture Book Fiction
Ebook	Curious George Discovers Germs	H. A. Rey	Juvenile Nonfiction, Picture Book Nonfiction, Science
Ebook	The Day You Begin	Jacqueline Woodson, Rafael López, Jacqueline Woodson	Juvenile Fiction, Picture Book Fiction

Ebook	Deacon King Kong: A Novel	James McBride	African American Fiction, Fiction, Historical Fiction, Literature
Audiobook	Dear Evan Hansen: The Novel (unabridged)	Val Emmich, Steven Levenson, Benj Pasek, et. al.	Young Adult Fiction, Young Adult Literature
Audiobook	A Dog's Journey: Dog's Purpose Series, Book 2 (unabridged)	W. Bruce Cameron, George K. Wilson	Fiction, Literature
Audiobook	The Downstairs Girl	Stacey Lee, Emily Woo Zeller	Historical Fiction, Young Adult Fiction, Young Adult Literature
Audiobook	Dry	Neal Shusterman, Jarrod Shusterman, Neal Shusterman, et.	Young Adult Fiction, Young Adult Literature
Audiobook	Echo North	Joanna Ruth Meyer, Elizabeth Evans	Fantasy, Folklore, Young Adult Fiction, Young Adult Literature
Audiobook	Eternity's Wheel: InterWorld Series, Book 3 (unabridged)	Neil Gaiman, Michael Reaves, Mallory Reaves, et. al.	Science Fiction, Young Adult Fiction
Ebook	The Everafter War: The Sisters Grimm Series, Book 7	Michael Buckley, Peter Ferguson	Fantasy, Juvenile Fiction, Juvenile Literature, Mystery
Ebook	The Fairy-Tale Detectives: The Sisters Grimm Series, Book 1	Michael Buckley	Humor (Fiction), Juvenile Fiction, Juvenile Literature, Mystery
Audiobook	The Famous Black Forest Meditation--Guided Mindfulness Meditation Program for Spiritual & Physical Wellness: The German Way to Relax (unabridged)	Patrick Lynen, Tony Scott	New Age, Nonfiction
Ebook	The Fault in Our Stars	John Green	Romance, Young Adult Fiction, Young Adult Literature
Ebook	Finger Knitting Fun: 28 Cute, Clever, and Creative Projects for Kids	Vickie Howell	Crafts, Juvenile Nonfiction
Audiobook	The Finnish Way: Finding Courage, Wellness, and Happiness Through the Power of Sisu (unabridged)	Katja Pantzar, Karen Cass	Health & Fitness, Nonfiction, Self-Improvement
Ebook	The Forgiveness Garden	Lauren Thompson, Christy Hale	Juvenile Fiction, Picture Book Fiction
Ebook	Freedom Over Me: Eleven Slaves, Their Lives and Dreams Brought to Life by Ashley Bryan	Ashley Bryan, Ashley Bryan	Historical Fiction, Juvenile Fiction, Picture Book Fiction
Audiobook	Geekerella: Once Upon a Con Series, Book 1 (unabridged)	Ashley Poston, Eileen Stevens, Tristan Morris	Folklore, Romance, Young Adult Fiction, Young Adult Literature
Audiobook	Get Some Headspace: How Mindfulness Can Change Your Life in Ten Minutes a Day (unabridged)	Andy Puddicombe, Andy Puddicombe	New Age, Nonfiction, Self-Improvement
Audiobook	The Girls' Guide to Conquering Life: How to Ace an Interview, Change a Tire, Talk to a Guy, & 97 Other Skills You Need to Thrive (unabridged)	Erica Catherman, Jonathan Catherman	Reference, Young Adult Nonfiction
Audiobook	The Girls' Guide to Conquering Middle School: "Do This, Not That" Advice Every Girl Needs (unabridged)	Erica Catherman, Jonathan Catherman, Natalie Budig	Reference, Young Adult Nonfiction
Ebook	The Giver of Stars: A Novel	Jojo Moyes	Fiction, Historical Fiction, Romance
Audiobook	The Gruffalo	Julia Donaldson, Hal Hollings	Folklore, Humor (Fiction), Juvenile Fiction, Juvenile Literature
Audiobook	The Gruffalo's Child	Julia Donaldson, Hal Hollings	Juvenile Fiction, Juvenile Literature
Ebook	The Hal Leonard Lap Steel Guitar Method	Johnie Helms, et al	Music, Nonfiction
Ebook	Hands Up!	Breanna J. McDaniel, Shane W. Evans	Juvenile Fiction, Picture Book Fiction
Audiobook	Harry, a History: The True Story of a Boy Wizard, His Fans, and Life Inside the Harry Potter Phenomenon (unabridged)	Melissa Anelli, Renée Raudman	History, Literary Criticism, Nonfiction
Ebook	The Hate U Give	Angie Thomas	Young Adult Fiction, Young Adult Literature
Ebook	Hidden Valley Road: Inside the Mind of an American Family	Robert Kolker	Biography & Autobiography, Medical, Nonfiction, Science
Ebook	Hooray for Kids	Suzanne Lang, Max Lang	Humor (Fiction), Juvenile Fiction, Picture Book Fiction
Audiobook	House of Many Ways: Howl's Moving Castle Series, Book 3 (unabridged)	Diana Wynne Jones, Jenny Sterlin	Fantasy, Juvenile Fiction, Juvenile Literature
Ebook	How to Quit Smoking For Life: No gum, patches, relapses or electronics	Graham Alexander	Nonfiction, Self-Improvement
Ebook	How to Relax	Thich Nhat Hanh, Jason DeAntonis	New Age, Nonfiction, Philosophy, Self-Improvement

Audiobook	Howl's Moving Castle: Howl's Moving Castle Series, Book 1 (unabridged)	Diana Wynne Jones, Jenny Sterlin	Fantasy, Juvenile Fiction, Juvenile Literature
Ebook	I Have a Dream	Dr. Martin Luther King, Jr., Kadir Nelson	African American Nonfiction, Juvenile Nonfiction, Picture Book Nonfiction, Sociology
Ebook	I Walk with Vanessa: A Story About a Simple Act of Kindness	Kerascoët	Juvenile Fiction, Picture Book Fiction
Ebook	The Inside Story: The Sisters Grimm Series, Book 8	Michael Buckley, Peter Ferguson	Fantasy, Juvenile Fiction, Juvenile Literature, Mystery
Audiobook	Insignificant Events in the Life of a Cactus: Life of a Cactus Series, Book 1 (unabridged)	Dusti Bowling, Karissa Vacker	Juvenile Fiction, Juvenile Literature, Mystery
Audiobook	InterWorld: InterWorld Series, Book 1 (unabridged)	Neil Gaiman, Christopher Evan Welch	Science Fiction, Young Adult Fiction
Audiobook	It's All in Your Mouth: Biological Dentistry and the Surprising Impact of Oral Health on Whole Body Wellness (unabridged)	Dominik Nischwitz, Madison Niederhauser	Health & Fitness, Medical, Nonfiction
Ebook	It's Not Supposed to Be This Way: Finding Unexpected Strength When Disappointments Leave You Shattered	Lysa TerKeurst	Christian Nonfiction, Nonfiction, Religion & Spirituality, Self-Improvement
Audiobook	Just Breathe: Meditation, Mindfulness, Movement, and More (unabridged)	Mallika Chopra, Brenna Vaughan, Deepak Chopra, et. al.	Health & Fitness, Juvenile Nonfiction, Sociology
Ebook	Keep Going: 10 Ways to Stay Creative in Good Times and Bad	Austin Kleon	Art, New Age, Nonfiction, Self-Improvement
Audiobook	Kid Food: The Challenge of Feeding Children in a Highly Processed World (unabridged)	Bettina Elias Siegel, Vanessa Daniels	Cooking & Food, Health & Fitness, Nonfiction, Sociology
Audiobook	Kintsugi Wellness: The Japanese Art of Nourishing Mind, Body, and Soul (unabridged)	Candice Kumai, Caitlin Kelly, Candice Kumai	Cooking & Food, Home Design & Décor, Nonfiction
Ebook	Lean on Me: Family Is Forever Series, Book 1	Pat Simmons	Christian Fiction, Fiction, Literature, Romance
Ebook	Learn to Play C6 Lap Steel Guitar: For Absolute Beginners To Intermediate Level	Joe Dochtermann	Music, Nonfiction
Ebook	LGBT Intolerance	A.W. Buckley	Biography & Autobiography, Human Rights, Sociology, Young Adult Nonfiction
Audiobook	Life is Your Best Medicine: A Woman's Guide to Health, Healing, and Wholeness at Every Age (unabridged)	TIERAONA LOW DOG, Andrew Weil, Hillary Huber	Health & Fitness, Nonfiction, Self-Improvement
Ebook	Little Fires Everywhere: A Novel	Celeste Ng	Fiction, Literature
Ebook	The Little Paris Bookshop--by Nina George: Conversation Starters	Daily Books	Fantasy, Fiction
Audiobook	Looking for Alaska	John Green, Wil Wheaton	Romance, Young Adult Fiction, Young Adult Literature
Audiobook	Lost and Found	Orson Scott Card, Claire Bloom, Stefan Rudnicki	Fantasy, Young Adult Fiction, Young Adult Literature
Audiobook	The Lovely and the Lost	Jennifer Lynn Barnes, Emily Lawrence	Mystery, Young Adult Fiction, Young Adult Literature
Audiobook	M is for Magic	Neil Gaiman, Neil Gaiman	Science Fiction & Fantasy, Short Stories, Young Adult Fiction
Ebook	Magic and Other Misdemeanors: The Sisters Grimm Series, Book 5	Michael Buckley, Peter Ferguson	Fantasy, Juvenile Fiction, Juvenile Literature, Mystery
Ebook	Mandolin For Dummies	Don Julin, Scott Tichenor	Music, Nonfiction
Audiobook	The Manual to Manhood: How to Cook the Perfect Steak, Change a Tire, Impress a Girl & 97 Other Skills You Need to Survive (unabridged)	Jonathan Catherman, Dean Gallagher	Reference, Religion & Spirituality, Young Adult Nonfiction

Ebook	Martin's Dream Day: With Audio Recording	Kitty Kelley, Stanley Tretick	Biography & Autobiography, History, Juvenile Nonfiction, Picture Book Nonfiction
Ebook	Maybe Something Beautiful: How Art Transformed a Neighborhood	F. Isabel Campoy, Theresa Howell, Rafael López	Juvenile Fiction, Picture Book Fiction
Ebook	Mindfulness: An Eight-Week Plan for Finding Peace in a Frantic World	Mark Williams, Danny Penman, Jon Kabat-Zinn	New Age, Nonfiction, Psychology, Self-Improvement
Ebook	The Mindfulness and Acceptance Workbook for Teen Anxiety Activities to Help You Overcome Fears and Worries Using Acceptance and Commitment Therapy	Sheri L. Turrell, Christopher McCurry, Mary Bell, et. al.	Sociology, Young Adult Nonfiction
Ebook	A Minute to Midnight: Atlee Pine Series, Book 2	David Baldacci	Fiction, Mystery, Suspense, Thriller
Audiobook	Mixed Me!	Taye Diggs, Shane W. Evans, Taye Diggs	Juvenile Fiction, Picture Book Fiction
Ebook	Mixed Me!	Taye Diggs, Shane W. Evans	Juvenile Fiction, Picture Book Fiction
Audiobook	Momentous Events in the Life of a Cactus: Aven Green Series, Book 2 (unabridged)	Dusti Bowling, Karissa Vacker	Juvenile Fiction, Juvenile Literature, Mystery
Ebook	The More or Less Definitive Guide to Self-Care	Anna Borges	Nonfiction, Psychology, Self-Improvement
Audiobook	My Family and Other Animals: BBC Radio 4 full-cast dramatization (unabridged)	Gerald Durrell, Celia Imrie, Full Cast, et. al.	Fiction, Literature
Ebook	The Nature Fix: Why Nature Makes Us Happier, Healthier, and More Creative	Florence Williams	Nature, Nonfiction, Science, Self-Improvement
Audiobook	The Neil Gaiman Audio Collection	Neil Gaiman, Neil Gaiman	Juvenile Fiction
Ebook	The Night Watchman	Louise Erdrich	Fiction, Literature
Audiobook	Odd and the Frost Giants	Neil Gaiman, Neil Gaiman	Fantasy, Folklore, Juvenile Fiction
Ebook	Once Upon a Crime: The Sisters Grimm Series, Book 4	Michael Buckley, Peter Ferguson	Fantasy, Juvenile Fiction, Juvenile Literature, Mystery
Audiobook	Option B: Facing Adversity, Building Resilience, and Finding Joy (unabridged)	Sheryl Sandberg, Adam Grant, Elisa Donovan	Biography & Autobiography, Business, Family & Relationships, Nonfiction
Ebook	Outsmarting Worry: An Older Kid's Guide to Managing Anxiety	Dawn Huebner, Kara McHale	Sociology, Young Adult Nonfiction
Ebook	Paracord!: How to Make the Best Bracelets, Lanyards, Key Chains, Buckles, and More	Todd Mikkelsen	Crafts, Nonfiction, Sports & Recreations
Ebook	The Places That Scare You: A Guide to Fearlessness in Difficult Times	Pema Chodron	New Age, Nonfiction, Religion & Spirituality, Self-Improvement

Ebook	A Poem for Peter: The Story of Ezra Jack Keats and the Creation of The Snowy Day	Andrea Davis Pinkney, Steve Johnson, Lou Fancher	Biography & Autobiography, Juvenile Nonfiction, Picture Book Nonfiction
Ebook	The Problem Child: The Sisters Grimm Series, Book 3	Michael Buckley, Peter Ferguson	Fantasy, Juvenile Fiction, Juvenile Literature
Ebook	Project You: More than 50 Ways to Calm Down, De-Stress, and Feel Great	Aubre Andrus, Karen Bluth, Veronica Collignon	Cooking & Food, Health & Fitness, Young Adult Nonfiction
Ebook	The Proudest Blue: A Story of Hijab and Family	Ibtihaj Muhammad, Hatem Aly, S. K. Ali	Juvenile Fiction, Juvenile Literature, Picture Book Fiction
Ebook	Pulp	Robin Talley	Young Adult Fiction, Young Adult Literature
Ebook	The Quickest Kid in Clarksville	Pat Zietlow Miller, Frank Morrison	Juvenile Fiction, Picture Book Fiction
Ebook	The Quickest Kid in Clarksville	Pat Zietlow Miller, Frank Morrison	Juvenile Fiction, Picture Book Fiction
Ebook	Quit Calling Me a Monster!	Jory John, Bob Shea	Humor (Fiction), Juvenile Fiction, Picture Book Fiction
Audiobook	Quit Smoking...Auto-matically	Bob Griswold, Bob Griswold, Deirdre Griswold, et. al.	Health & Fitness, Nonfiction, Self-Improvement
Ebook	Quit Smoking for Life: A Simple, Proven 5-Step Plan	Suzanne Schlosberg	Health & Fitness, Nonfiction, Psychology, Self-Improvement
Audiobook	Quit Smoking For The Last Time	Roy Hunter, Roy Hunter	Nonfiction, Self-Improvement
Ebook	The Quit Smoking Protocol	Aisha Murphy	Health & Fitness, Nonfiction
Ebook	Quit Smoking Today Without Gaining Weight	Paul McKenna, Ph.D.	Health & Fitness, Nonfiction, Self-Improvement
Ebook	Raising Worry-Free Girls: Helping Your Daughter Feel Braver, Stronger, and Smarter in an Anxious World	Sissy MEd Goff, Carlos Whittaker	Christian Nonfiction, Family & Relationships, Nonfiction, Religion & Spirituality
Ebook	Rewire Your Anxious Brain: How to Use the Neuroscience of Fear to End Anxiety, Panic, and Worry	Catherine M Pittman, Elizabeth M Karle	Nonfiction, Psychology, Self-Improvement
Ebook	Running Is My Therapy: Relieve Stress and Anxiety, Fight Depression, and Live Happier	Scott Douglas, Alison Mariella Désir	Nonfiction, Psychology, Self-Improvement, Sports & Recreations
Ebook	Sanity Check: The Dog Ate My Lipstick and My Houseplants Have Fleas	Sharon Short	Biography & Autobiography, Family & Relationships, Nonfiction
Ebook	Scaredy Squirrel at the Beach	Mélanie Watt, Mélanie Watt	Humor (Fiction), Juvenile Fiction, Picture Book Fiction
Ebook	Separation Anxiety: A Novel	Laura Zigman	Fiction, Humor (Fiction), Literature
Audiobook	The Silver Dream: InterWorld Series, Book 2 (unabridged)	Neil Gaiman, Michael Reaves, Alexander Cendese	Science Fiction, Young Adult Fiction
Audiobook	Six Kids and a Stuffed Cat	Gary Paulsen, Kirby Heyborne	Humor (Fiction), Juvenile Fiction, Juvenile Literature
Ebook	The Sneetches and Other Stories	Dr. Seuss	Humor (Fiction), Juvenile Fiction, Picture Book Fiction
Ebook	The Soccer Fence: A Story of Friendship, Hope, and Apartheid in South Africa	Phil Bildner, Jesse Joshua Watson	Juvenile Literature, Picture Book Nonfiction
Ebook	The Splendid and the Vile: A Saga of Churchill, Family, and Defiance During the Blitz	Erik Larson	Biography & Autobiography, History, Military, Nonfiction
Audiobook	Stop Smoking and Breathe: four easy to follow breathing techniques to help you quit smoking forever (unabridged)	Sue Fuller	Health & Fitness, New Age, Nonfiction, Self-Improvement
Ebook	The Stress Reduction Workbook for Teens: Mindfulness Skills to Help You Deal with Stress	Gina M. Biegel	Health & Fitness, Psychology, Sociology, Young Adult Nonfiction
Audiobook	The Stressed Years of Their Lives: Helping Your Kid Survive and Thrive During Their College Years (unabridged)	Dr. B. Janet Hibbs, Dr. Anthony Rostain, Anthony Heald	Education, Family & Relationships, Nonfiction, Psychology
Ebook	Such a Fun Age	Kiley Reid	Fiction, Literature

Audiobook	The Survival Guide to Bullying: Written by a Teen (unabridged)	Aija Mayrock	Juvenile Nonfiction, Sociology
Audiobook	Talking to Strangers: What We Should Know about the People We Don't Know (unabridged)	Malcolm Gladwell	Nonfiction, Psychology, Sociology
Ebook	The Tapping Solution: A Revolutionary System for Stress-Free Living	Nick Ortner, Mary Hyman, M.D.	Health & Fitness, Nonfiction, Self-Improvement
Ebook	The Tattooist of Auschwitz: A Novel	Heather Morris	Fiction, Historical Fiction
Ebook	Tell Me Again How a Crush Should Feel: A Novel	Sara Farizan	Romance, Young Adult Fiction, Young Adult Literature
Audiobook	Ten Arguments for Deleting Your Social Media Accounts Right Now	Jaron Lanier, Oliver Wyman	Computer Technology, Nonfiction, Sociology, Technology
Audiobook	The Thank-You Project: Cultivating Happiness One Letter of Gratitude at a Time (unabridged)	Nancy Davis Kho, Nancy Davis Kho	Biography & Autobiography, Family & Relationships, Nonfiction
Audiobook	This Is Your Do-Over: The 7 Secrets for Losing Weight, Living Longer, Keeping Your Brain Functioning, Having Great Sex, and Finding Total-Body Wellness (unabridged)	Michael F. Roizen, Michael F. Roizen	Health & Fitness, Medical, Nonfiction
Ebook	This Moment Is Your Life (and So Is This One): A Fun and Easy Guide to Mindfulness, Meditation, and Yoga	Mariam Gates	Health & Fitness, Juvenile Nonfiction, Philosophy, Sports & Recreations
Audiobook	A Tree Grows in Brooklyn	Betty Smith, Kate Burton	Fiction, Literature
Ebook	A Tree Grows in Brooklyn	Betty Smith	Classic Literature, Fiction
Ebook	Turtles All the Way Down	John Green	Young Adult Fiction, Young Adult Literature
Ebook	Ukulele for Dummies	Alistair Wood	Music, Nonfiction
Ebook	Ukulele In a Day For Dummies	Alistair Wood	Music, Nonfiction
Ebook	Under Pressure: Confronting the Epidemic of Stress and Anxiety in Girls	Lisa Damour, Ph.D.	Family & Relationships, Nonfiction, Psychology, Self-Improvement
Ebook	Untamed	Glennon Doyle	Biography & Autobiography, Nonfiction, Self-Improvement
Ebook	The Unusual Suspects: The Sisters Grimm Series, Book 2	Michael Buckley, Peter Ferguson	Humor (Fiction), Juvenile Fiction, Juvenile Literature, Mystery
Audiobook	Vitamin N: The Essential Guide to a Nature-Rich Life (unabridged)	Richard Louv, Barry Abrams	Family & Relationships, Nonfiction, Psychology, Self-Improvement
Audiobook	The Wellness Project: How I Learned to Do Right by My Body, without Giving Up My Life (unabridged)	Phoebe Lapine	Biography & Autobiography, Health & Fitness, Nonfiction
Audiobook	The Wellness Remodel: A Guide to Rebooting How You Eat, Move, and Feed Your Soul (unabridged)	Christina Anstead, Cara Clark, Andi Arndt, et. al.	Health & Fitness, Nonfiction
Ebook	Where the Crawdads Sing	Delia Owens	Fiction, Literature
Audiobook	Where'd You Go, Bernadette: A Novel (unabridged)	Maria Semple, Kathleen Wilhoite	Fiction, Literature
Ebook	Wherever You Go, There You Are: Mindfulness Meditation in Everyday Life	Jon Kabat-Zinn	Nonfiction, Self-Improvement
Audiobook	Widen the Window: Training Your Brain and Body to Thrive During Stress and Recover from Trauma (unabridged)	Elizabeth A. Stanley, Bessel van der Kolk, Elizabeth A. Stanley, et. al.	New Age, Nonfiction, Psychology, Science
Audiobook	Wild Magic: Tortall: The Immortals Series, Book 1 (unabridged)	Tamora Pierce, Tamora Pierce, Bruce Coville, et. al.	Fantasy, Young Adult Fiction
Audiobook	The Worry Cure: Seven Steps To Stop Worry From Stopping You (abridged)	Robert L. Leahy, Ph.D., Michael Chamberlain	Nonfiction, Self-Improvement
Ebook	Writers & Lovers: A Novel	Lily King	Fiction, Literature
Audiobook	The Yoga Effect: A Proven Program for Depression and Anxiety (unabridged)	Liz Owen, Holly Lebowitz Rossi, Chris C. Streeter, et. al.	Nonfiction, Self-Improvement
Audiobook	You Are Not Your Pain: Using Mindfulness to Relieve Pain, Reduce Stress, and Restore Well-Being—An Eight-Week Program (unabridged)	Vidyamala Burch, Vidyamala Burch, Danny Penman, et. al.	Health & Fitness, New Age, Nonfiction

Ebook	You Are You, I Am Me: Understanding Diversity	R. W. Alley, Cynthia Geisen	Juvenile Nonfiction, Picture Book Nonfiction
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