Monthly Spending



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Use <u>Average</u> <u>Monthly</u> numbers		
	What I spend <u>now</u> per MONTH	What I <u>really</u> need per MONTH (removing or cutting back to <i>less</i> than what I spend now)
Rent or Mortgage	\$	\$
Litilities - gas electric water garbage		-
 Utilities - gas, electric, water, garbage Insurance - Homeowner's or renter's 	\$	\$
 Other home costs (repairs, upgrades, etc) 	\$	\$
	\$	\$
Groceries	\$	\$
 Household supplies (like cleaners) 	\$	\$
Cell phone or landline	\$	\$
Clothes & Shoes	\$	\$
Car payment	\$	\$
• Gas	\$	\$
 Insurance 	\$	\$
 Maintenance (Oil changes, tires, tune-ups) 	\$	\$
		•

\$ \$

Internet

Cable

\$

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 Streaming services 	\$	\$
Child care		
	\$	\$
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Insurance - Health		
	\$	\$
Co-pays, deductibles, prescriptions	\$	\$
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Life insurance		
	\$	\$
 Eating out 	\$	\$
 Movies 	\$	\$
 Kids' extracurricular activities 	\$	\$
Gifts	\$	\$
Other:	\$	\$
Other		
 Savings 	\$	\$
Credit cards	\$	\$
 Other loans or debt 	\$	\$
•	\$	\$
•	\$	\$
•	\$	\$
•	\$	\$
TOTAL COSTS	\$	\$