



## Public Health Brief

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Effective **Thursday, December 10 at 11:59 PM**, Alpine County (as part of the Greater Sacramento Region) will be formally placed under the California Department of Public Health (CDPH) [Regional Stay-At-Home Order](#).

The Order, which will be in effect for a **minimum of three weeks**, prohibits private gatherings of any size, and closes sector operations except for critical infrastructure and retail in an effort to limit the transmission and spread of COVID-19 (Coronavirus).

Governor Gavin Newsom is taking immediate actions to prevent an unprecedented surge in the level of community spread of COVID-19 that continues to increase dramatically every day, throughout Alpine County and the State of California. New hospital admissions continue to escalate, with current projections estimating that without additional intervention to slow the spread of COVID-19 the number of available adult ICU beds within the State of California will be at capacity by mid-December.

See the following link for current Alpine County data: [COVID-19 | Alpine County, CA - Official Website](#)

The [Regional Stay-At-Home Order](#) applies to Regions where the adult ICU bed capacity falls below 15%. Alpine County is assigned to the Greater Sacramento Region. As of December 8, ICU capacity for the Greater Sacramento Region fell to 14.3%, triggering the Order. At this point, the entire state is approaching a critical capacity shortage and there is no recourse to petition regional assignments. Four of the five regions are now under stay-at-home orders (Bay Area voluntarily), with Northern California being the exception thus far.

The Regional Stay-At-Home Order will remain in effect for at least 3 weeks. After that period, the Order will be lifted when regional available adult ICU bed capacity is greater than or equal to 15%, and is projected to remain above that level for the subsequent four weeks. At the end of the Stay-At-Home period, each county within the Region will be assigned to a tier based on the Blueprint for a Safer Economy. We are currently in the Red Tier.



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Alpine County Health Department, 75-B Diamond Valley Rd., Markleeville, CA 96120

Alpine County Board of Supervisors, Phone: (530) 694-2281

District 1: January Riddle, District 2: Ron Hames, District 3: Katherine Rakow,

District 4: Terry Woodrow, District 5: David Griffith

**Effective December 10 (Thursday) at 11:59 AM the following sectors must close:**

- Indoor playgrounds
- Indoor recreational facilities
- Hair salons and barbershops
- Personal care services
- Museums, zoos, and aquariums
- Movie theaters
- Wineries
- Bars, breweries, and distilleries
- Family entertainment centers
- Cardrooms and satellite wagering
- Limited services
- Live audience sports
- Amusement parks

**The following sectors now have additional modifications, in addition to 100% masking and physical distancing:**

- *Outdoor recreational facilities including ski areas:* Allow outdoor operation only without any food, drink or alcohol sales. Additionally, overnight stays at campgrounds will not be permitted.
- *Retail:* Allow indoor operation at 20% capacity with entrance metering and no eating or drinking in the stores. Additionally, special hours should be instituted for seniors and others with chronic conditions or compromised immune systems. (Grocery stores may operate at 35% of capacity)
- *Shopping centers:* Allow indoor operation at 20% capacity with entrance metering and no eating or drinking in the stores. Additionally, special hours should be instituted for seniors and others with chronic conditions or compromised immune systems.
- *Hotels and lodging (including all short-term rentals):* Allow to open for critical infrastructure support only.
- *Restaurants:* Allow only for take-out, pick-up, or delivery.
- *Offices:* Allow remote only except for critical infrastructure sectors where remote working is not possible.
- *Places of worship and political expression:* Allow outdoor services only.
- *Entertainment production including professional sports:* Allow operation without live audiences. Additionally, testing protocol and “bubbles” are highly encouraged.



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The following sectors are allowed to remain open when a remote option is not possible with appropriate infectious disease preventative measures, including 100% masking and physical distancing:

- critical infrastructure
- schools, child-care and pre-K (Diamond Valley Elementary School and Alpine Early Learning Center are currently closed at least until January 11<sup>th</sup>)
- non-urgent medical and dental care

The [Regional Stay-At-Home Order](#) temporarily restricts all non-essential travel statewide, but allows access to (and travel for) critical services and allows outdoor activities to preserve Californian's physical and mental health. Californians are encouraged to keep connected with loved ones virtually, and to get outdoors and recreate!

All Alpine County residents and visitors are asked to do their part to stay safe!

[About COVID-19 restrictions - Coronavirus COVID-19 Response \(ca.gov\)](#)

[Coronavirus Disease 2019 \(COVID-19\) | CDC](#)

[COVID-19 | Alpine County, CA - Official Website](#)

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