



NEW! Adult DIY Class

Dates: 3/7, 4/4 & 5/2



Come enjoy DIY-ing each month & prepare your home for every holiday! This program is intended for Adults, 18+. All materials are provided just bring your imagination.

\$6 per class/ 10a.m.-11:30a.m.

*Registration required prior to classes & closes Wednesday before each class.

NEW! ZUMBA Fitness

Session 1: 3/6-4/10 **Session 2:** 4/17-5/2

Session 3: 5/29-7/3

Ages: 16+ **Rate:** \$25

Day: Friday's **Time:** 7p.m.-8p.m.

Zumba takes the work out of "workout" by combining hot Latin rhythms & fun dance moves w/high-low intensity interval training style of group dance fitness. Make sure to bring your water, towel & good dancing shoes to get your groove on.

NEW! Belly Dance

Designed to teach the fundamentals of belly dancing from the Middle. Belly dancing increases strength, stamina & flexibility. Dance your way to great abs & reduce stress levels.

Ages: 5-12y/o → 6p.m.-7p.m.

Ages: 13+ → 7:15p.m.-8:15p.m.

Day: Tuesday's **Rates:** R/\$42 NR/\$45

Session 1: 3/3-4/7 **Session 2:** 4/14-5/19

Session 3: 5/26-6/30

NEW! Hatha Yoga

Learn the fundamentals of yoga & its health benefits. This class is specifically designed for adult beginners. You will learn the basic yoga poses, relaxation, stretches & moves to relieve stress all while learning how to breathe properly. A yoga mat & water bottle is required for duration of class.

Day/Time: Monday's & Wednesday's
8:30a.m.-9:30a.m.

Ages: 18+ **Rates:** R/\$35 NR/\$40

Session 1: 3/2-3/25 **Session 2:** 3/30-4/22

Session 3: 4/27-5/20 **Session 4:** 5/27-6/17 *no class 5/25

Revised 2.20.20

Stars Gymnastics Sports Center

410 N. Azusa Avenue, Covina

Ages: 18 months - 16 years

R/NR: \$108/\$133

Equipment Fee: \$5.50 per session

NEW 8 WEEK SESSIONS!

Session 1: March 2-April 25

Session 2: April 27-June 20

Toddler Gymnastics

Boys & Girls Ages 1 year - 3 years

Day: **S** 8:30am - 9:15am

Kindergym Gymnastics

Boys & Girls Ages 4 - 6 years

Day: **TH** 4:15pm - 5:00pm

Beginner Gymnastics - Levels 1 & 2

Boys & Girls Ages 7 - 12 years

Day: **T** 4:00pm - 5:00pm

R/NR: \$114/\$139

Teenager Gymnastics

Boys & Girls Ages 12 - 16 years

Day: **M** (Level 1&2) 7:30p.m. - 8:30pm

TH (Level 3&4) 7:30p.m.-8:30p.m.

R/NR: \$114/\$139

Intermediate Gymnastics - Levels 3 & 4

Boys & Girls Ages 7-16 years

*Instructor Approval Required

Levels 3 & 4 Level 5 (\$5 price increase)

Day: **T** 4:00pm - 5:00pm

R/NR: \$114/\$139

Tumbling & Trampoline

Boys & Girls Ages 6 - 12 years

Day: **S** 11:15am-12:15pm **R/NR:** \$114/\$139

T 5:00p.m.-6:00p.m.

Ninja Kids

Boys & Girls Ages 6 - 12 years

Day: **M** 7:00pm - 8:00pm, 5-7y/o & 6:30p.m.-

7:30p.m., 8-12 y/o

S 11:15am - 12:15pm, 5-7y/o & 12:30p.m.-

1:30p.m., 8-12y/o

Kids Fitness

Boys & Girls Ages 5 - 8 years

Day: **W** 4:15pm-5:00pm

R/NR: \$54/\$64

For more information, please call (626) 813-5245, Ext. 317 or contact the instructor at (626) 856-3496 or information@starsgymnasticsllc.com



Sports

Divisions: **Soccer & 4-Sport Multi**

Rate: \$55 for 5-week session

Soccer: 9am-9:45am, 18m-2yrs

10am-10:45am, 3-6yrs

11am-11:45am, 7-10yrs *bring a soccer ball

4-Sport Multi: 9am-9:45am, 4-7yrs /10am-

10:45am, 2-4yrs /11am-11:45am, 7-10yrs

*3/7-3/8 & 3/14-3/15: Soccer (**bring soccer ball**)

3/21-3/22: Baseball/Softball (**bring hitting T**)

3/28-3/29: Basketball (**bring basketball**)

4/4-4/5: Track & Field

Days: Saturdays or Sundays

Sessions: March 7-April 5, April 18-May 31

*no class 5/16, 5/17, 5/23, 5/24

Beginners Guitar

Techniques taught will be used throughout your entire time with this instrument. Topics covered include fretting skills, finger positioning, exercises, etc. Students NEED TO BRING THEIR OWN GUITAR. Acoustic guitars are recommended and electric guitars are fine as well.

Ages: 9 years & older

Day: Tuesday

Beginners: 5:30pm - 6:30pm

Inter/Adv. 7:00pm - 8:00pm

Fee: \$45.00 per session

Session 1: March 17-April 14

Session 2: April 21-May 19

Hawaiian Dance

Learn to dance Hula from Hawaii, Tahitian from French Polynesia and Maori from New Zealand.

Ages: 4 years & older

Day: Monday

Beginner: 5:00pm - 6:00pm

Beginner (Instructor Approval): 6:00pm - 7:00pm

Inter./Advanced: 7:00pm - 8:00pm

Fee: \$42.00 per session

Session 1: April 6-May 11

Session 2: May 18-June 29

*no class 5/25



Mariachi Superior de México

Learn to make beautiful music mariachi style. A combination of individual coaching, small ensemble and full class learning circles, students will hone their skills in mariachi instruments including guitar, trumpet, violin, guitarron and vihuela. *Each participant will need to supply their own instrument by the second day of class.*

Ages: 8 years & older
Day: Monday
Beginner: 5:00pm - 6:00pm
Advanced: 6:00pm - 7:00pm
Fee: \$45.00 per session



Session 1: 3/23-4/20
Session 2: 4/27-6/1 *no class 5/25

Tae Kwon Do

This class teaches children discipline, respect, and responsibility. Learn methods to achieve full concentration, how to defend yourself, and become more aware of your surroundings.

Age/Fees:	Resident	Non-Resident
Youth (4 – 17 years)	\$40.00	\$45.00
Adult (18 years & older)	\$50.00	\$55.00

Day/Time:

Tiny (Ages 4 – 5 years)

Monday & Thursday 2:15pm – 4:15pm

Beginner (Ages 6 -17 years)

Monday & Thursday 3:15pm - 4:15pm
 Tuesday 5:00pm - 6:00pm

Beginner, White to Yellow Belts (Youth Ages 6-17)

Monday & Thursday 4:15pm - 5:30pm
 Tuesday (White) 5:00pm - 6:00pm
 Tuesday (Yellow) 6:00pm - 7:00pm

Beginners, Purple to Black Belts (Youth)

Monday & Thursday 5:30pm - 7:00pm
 Tuesday 6:00pm - 7:15pm

Beginners, All Belts (Adult)

Monday, Tuesday, Thursday 7:15pm - 8:45pm

Session 1: March 30-May 7
Session 2: May 11-June 18

Morning Lap Swim

Session: Year-round
 Monday-Friday 8:00am-9:15am

Ages/Pricing:

18-54 R/\$2 NR/\$3
 Senior 55+ R/\$0.50 NR/ \$1.50

Judo

Age/Fees:	Residents	Non-Residents
Youth (5 – 17 years)	\$25.00	\$30.00
Adult (18 years & older)	\$35.00	\$45.00
Discount for Additional Children:		
2 nd Child - \$2 Off/ 3 rd Child - \$4 Off/ 4 th Child - \$5 Off		

Days/Times:

Beginner Ages 5-15

Wednesday & Friday 5:00pm - 6:35pm
 Saturday 1:00pm - 2:30pm

Intermediate/Advanced Ages 16-18+

Wednesday & Friday 6:45pm - 9:00pm
 Saturday 2:30pm - 4:30pm

Session 1: March 25-May 2
Session 2: May 6-June 13

Boxing & Weight Room

Ages	R/NR Annual	R/NR Monthly
8-17	\$100/\$150	\$12/\$15
18+	\$200/\$300	\$22/\$32

Weight Room Hours

Days	Times
M-TH	2:00 p.m. - 8:00 p.m.
F	2:00 p.m. - 6:30 p.m.
S	10:00 a.m. - 12:00 p.m.

Youth Boxing Hours

Days	Time
M-TH	3:30 p.m. - 6:00 p.m.
F	3:30 p.m. - 6:30 p.m.
S	10:00 a.m. - 12:00 p.m.

Adult Boxing and Weight Training Hours

Days	Time
M-TH	2:00 p.m. - 3:30 p.m. 6:00 p.m. - 8:00 p.m.
F	2:00 p.m. - 3:30 p.m.
S	10:00 a.m. - 12:00 p.m. (Weight Training Only)

CITY OF BALDWIN PARK

Department of Recreation and Community Services



Esther Snyder Community Center
 4100 Baldwin Park Boulevard
 Baldwin Park, CA 91706

WE ARE NOW OFFERING 4 NEW CLASSES!!!

Community Center

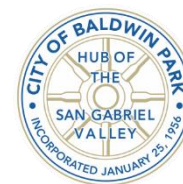
Monday – Thursday 8:00am – 8:00pm
 Friday 8:00am – 6:00pm

Game Room

Monday – Thursday 3:00pm – 8:00pm
 Friday 3:00pm – 6:30pm

Technology Center (Wi-Fi Access Available)

Monday – Thursday 4:00pm – 7:00pm
 Friday 4:00pm – 6:30pm



For more information please

Call: 626.813.5245, Ext. 311

Email: SRecreation@baldwinpark.com

www.baldwinpark.com

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