



Questions about Kaiser Permanente?

We have an advocate for you
at Los Angeles City Hall

Learn more about what Kaiser Permanente offers with your personal onsite Member Advocate. Whether you're thinking about joining, or are already a member, our Kaiser Permanente Member Advocate can:

- Answer questions about Kaiser Permanente coverage
- Help you find a personal doctor or locate services
- Show you the wellness resources that come with your plan, like wellness coaching, health education classes, and more.
- Help get you connected to secure online tools like emailing your doctor, scheduling appointments, estimating costs, and more.
- Show you how to connect to care when and where you want it – and save yourself the office visit. Phone and video visits are great for minor health conditions and follow-up care.

Sergio Proa

Your Kaiser Permanente
Member Advocate

Available

In person

8 a.m. to 4:00 p.m.

Tuesday through Thursday
at Los Angeles City Hall,
Room 867